

**Orders from The Junction (Yvette)****07753 662418**

Listed below an example of most regular items supplied – we can supply many other items just ask away and we'll try to find it for you

**Groceries – delivered to you Thursdays** – currently from Coleman's ABC

(<http://www.colemansabc.co.uk/>)

Most customers buy their vegetables from Colemans (they are a drink supplier but have a brilliant vegetable supplier) – prices are not cheap but usually the vegetables are very good. Any of their other items are available to order

**Meat – delivered to you Saturdays** is from our local friendly butcher (Maskell's Broadwater) – the meat is priced above supermarket prices but is amazingly good and usually UK sourced.

**Bread – delivered to you Saturdays** comes from our local traditional bakery in Tarring

	<b>Colemans</b>	
1 kg	apples	£3.00
1 kg	apples pink lady	£4.30
1 kg	bananas	£2.30
1	broccoli	£1.70
1 kg	carrots	£1.60
1	cabbage	£1.50
1	cauliflower	£1.50
1 kg	easy peel clementine	£3.50
12	eggs	£3.50
1 box	grapes	£3.10
1 kg	large tomatoes	£2.70
1 kg	mushrooms	£2.00
1 kg	onions	£0.60
1 kg	parsnips	£1.40
1	cabbage	£1.50
	see website for other items i.e. Chocolate, crisps, beer, milk drinks	
	<b>Meat</b>	approx prices
	whole chicken	£10-£11
	chicken breasts	£5.00
10	sausages (butcher made plain/cumberland/lincolnshire	£5.00
	beef burgers	1.00 e

1 pk	bacon	£3.00
	pork chops	vary
	lamb chops	vary
	<b>Bread</b>	
	Spelt	£1.90
	Whomeal	£2.10
	Farmhouse	£2.10
	Malt	£2.10
6	Teacakes or Fruit buns	£3.00
6	Crusty rolls	£3.00
6	Baps	£3.00

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